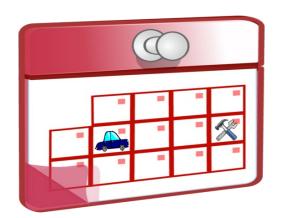


# Call as soon as you <u>know!</u>



Scheduling for Transportation requests occurs 2-5 days prior to the trip.



Safety requests are completed at a time agreed upon by both volunteer and recipient.





## **Consider Giving**

Have you begun planning your estate? Consider adding Interlink as a beneficiary to help ensure happy, healthy, and independent living for others in your community.

Help us meet our funding needs by adding Interlink to your monthly retirement disbursements!

For more information or to discuss donation options, call: 509-751-9143

Interlink does not discriminate in providing services on the grounds of race, creed, color, religion, national origin, gender, age, marital status, or the presence of any sensory, mental, or physical disability.





Alliance for a Healthy Washington



549 5<sup>th</sup> Street, Suite E Clarkston, WA 99403 interlinkvolunteers.org

### **Our Mission:**

"Providing volunteers to enable the elderly and disabled to live independently in their own homes."

No-Cost Volunteer Services In-Town Transportation Grocery Pick-up & Delivery In-Home Safety Repair ADA Access Ramps







#### **Transportation**

**No-Cost Volunteer** Transportation for the elderly and disabled to medical, commercial, and recreational destinations throughout the LC Valley.

> All of our programs operate on donations and grants.

Any donation is appreciated!

2021	
Transportation	
Stats	

Successful Trips	4,950	
Grocery Trips	1,338	
Volunteer Miles	33,230	
Volunteer Hours	4,575	

Lewis~Clark Valley Healthcare Foundation

#### Do you know someone who can volunteer?

#### According to the Mayo Clinic...

- Volunteers have lower rates of stress and depression
- Volunteering gives a sense of purpose and teaches skills
  - Volunteers are in better physical and mental shape
    - Volunteers live longer
- Volunteers make new friends and are less lonely

Make a Difference! 509-751-9143







replacement

of

wooden

elder-care

chest.

the construction

permanent

ramps,

to

Hours

Safety

2021 **Safety Stats** 

Wooden Ramps Built	
Aluminum Ramps Built	
Safety Repair Jobs	
Volunteer	



Skilled and unskilled laborers wanted!

#### **Training provided!**



