Interlink, Inc. works to enable elders and those with disabilities to live independently in the Lewis-Clark valley. As part of its mission Interlink host an online version of this resource manual on its website at www.interlinkvolunteers.org. Interlink updates this online resource once a month. Please email your changes to volunteers@interlink-volunteers.org or call our office at 509.751.9143.

Deborah J. Snyder, executive director

Interlink, Inc.

Interlink
Thank you,

Thanks all those who have supported the Connecting Community Resource Book which is a newly revised resource guide for the Lewiston/Clarkston area. We specifically wanted to thank the support from Twin County United Way, the Continuum of Care Coalition, and Interlink for bringing it all together.
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Adult Day Care

**Alternative Nursing Services:**
Address: 1029 Main Street  
City/State/Zip: Lewiston, ID 83501  
Phone: 208-746-7433  
800-930-3050  
Website: http://www.ansidaho.com  
Office hours: M-F, 9:00 am-5:00pm

**Circles of Caring Adult Day Services:**
Address: 588 SE Bishop Blvd.  
City/State/Zip: Pullman, WA 99163  
Phone: 509-334-6483  
Website: www.circlesofcaring.org  
Office hours: M-F, 8:00 am-4:00 pm

**Grangeville Health and Rehabilitation**
Address: 410 NE 2nd Street  
City/State/Zip: Grangeville, ID 83530  
Phone: 208-983-1131  
Website: www.ahcfacilities.com  
Office hours: 24 hours/day

**Meadowlark Homes (Formerly Bee Hive Homes)**
Address: 709 NW 2nd St.  
City/State/Zip: Grangeville, ID 83530  
Phone: (208) 983-3793  
Website: www.facebook.com/pages/Meadowlark-Homes/154646934572299  
Office Hours: M-F, 8:00 am-5:00pm

**Wedgewood Terrace:**
Address: 2114 Vineyard Ave.  
City/State/Zip: Lewiston, ID 83501  
Phone: 208-743-4545  
Website: www.wedgewoodterrace.com  
Office hours: 8:00 am-5:00 pm (Special arrangements for after 8:00 pm)
Adult Family Homes

**Galles Adult Shelter Home:** Ambulatory, terminal and bedfast. Assistance with all services of daily living.
- Address: 1939 2nd Ave.
- City/State/Zip: Clarkston, WA 99403
- Phone: 509-758-6726
- Website:
- Office Hours:

**Preferred Care Adult Family Home:** Nursing home/assisted living; intermediate care and skilled nursing care; Alzheimer’s care.
- Address: 2341 12th Ave.
- City/State/Zip: Clarkston, WA 99403
- Phone: 509-751-0300
- Website: Find on web under “Washington state adult family homes”
- Office hours: 24 hours

**Prospect Shelter Care:** Ambulatory not a must, will accept walkers and wheelchairs. Assistance with activities of daily living.
- Address: 1819 Prospect Ave.
- City/State/Zip: Lewiston, ID 83501
- Phone: 208-746-8501
- Website:
- Office hours:

**Sycamore Glen:** Ambulatory and non-ambulatory; RN on staff; assistance with activities of daily living.
- Address: 1587 Sycamore Street
- City/State/Zip: Clarkston, WA 99403
- Phone: 509-758-9335
- Website: [www.senior-care-resources.com](http://www.senior-care-resources.com)
- Office hours: M-F, 8:30 am-4:30 pm

**Unique Senior Care:** Assistance with activities of daily living, meals, activities and events; licensed nurses and 24 hour skilled staff; short-term rehabilitation or long-term care.
- Address: 1639 Birch Ave.
- City/State/Zip: Lewiston, ID 83501
- Phone: 208-746-1077
- Website: [www.agingcare.com](http://www.agingcare.com)
- Office hours: M-F, 7:00 am-6:00 pm
Adult Protective Services

Services: Investigates allegations of abuse, neglect, self-neglect, exploitation and abandonment of “vulnerable” adults 18 years of age or older. Service available to help reduce risk to clients.

IDAHO Residents:
North Central Idaho Area Agency on Aging - Area II (Lewiston)
Address: 124 New 6th St.
City/State/Zip: Lewiston, ID 83501
Phone: 208-743-5580 or 1-800-877-3206
Website: http://www.cap4action.org/program/area-agency-on-aging/adult-protection/
Office Hours: M-F, 8:00 am-5:00 pm

WASHINGTON Residents:
Department of Social & Health Services
Address: 525 5th Street
City, State, ZIP: Clarkston, WA 99403
Phone: 1-800-459-0421
Website: R1APSIntake@dshs.wa.gov
Office hours: M-F, 8:00 am-4:30 pm

Alcohol/Drugs/Substance Abuse

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<td>208-750-1000</td>
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<td>First Step 4 Life</td>
<td>208-717-3881</td>
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<td>Narcotics Anonymous</td>
<td>208-746-7632</td>
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<td>Nimipuu Health (Tribal, Lapwai)</td>
<td>208-843-2271</td>
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<td>Quality Behavioral Health</td>
<td>509-758-3341</td>
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<td>Quality Behavioral Health</td>
<td>888-475-5665 (24 hour line)</td>
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<td>Riverside Recovery</td>
<td>208-746-4097</td>
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<td>208-746-7661</td>
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Assisted Living
Clarkston, Wa

Avalon Progressive Care: Range of accommodations, service levels, and care plans. Help with activities of daily living, transportation, medication management, appointment management, social and physical activities. Temporary and long term care.
Address: 1937 2nd Ave.
City/State/Zip: Clarkston, WA 99403
Phone: 509-758-6770
Website: www.senior-care-resources.com
Office Hours: M-F, 10:00 am-7:00 pm

Evergreen Estates: 24 hour care through needed supervision, meals, laundry service, personal care, activities, and special outings.
Address: 1215 Evergreen Court
City/State/Zip: Clarkston, WA 99403
Phone: 509-758-5260
Website: http://www.evergreenestatesclarkston.com/
Office Hours: M-F, 8:00 am-5:00 pm

Lewiston, ID

Brookdale: Independent living, Assisted living, Memory care, Skilled nursing, Health care services.
Address: 2975 Juniper Dr.
City/State/Zip: Lewiston, ID 83501
Phone: 208-746-8676
Website: https://www.brookdale.com
Office Hours: M-F, 9:00 am-5:30 pm

Golden Girls Manor: RN on site; help with activities of daily living, transfers, shopping, medication assistance, housekeeping, laundry, meals, social events; Alzheimer’s and dementia care; end of life care.
Address: 214 Larkspur Lane
City/State/Zip: Lewiston, ID  83501
Phone: 208-798-1933
Website:www.goldengirlsrc.com
Office hours: M-F, 8:00 am-5:00 pm (Arrangements may be made for after hours)
   Address: 2221 Vineyard Avenue
   City/State/Zip: Lewiston, ID 8350
   Phone: 208-743-6500
   Website: http://www.guardianangelhomes.com/Lewiston/HomeContact
   Office Hours: M-F, 8:00 am-5:00 pm

Joyce’s Orchard Residential Care: Assisted living micro-community; help with meals, housekeeping, laundry, medication.
   Address: 615 Cedar Ave.
   City/State/Zip: Lewiston, ID 83501
   Phone: 208-743-5322 (Serenity Place)
   Website: www.assistedlivingfacilities.org
   Office hours: M-F, 9:00 am-5:00 pm

Living Spring Residential Care: Help with activities of daily living, medication assistance, finances; RN on staff; Alzheimer’s/dementia, much more.
   Address: 1050 Hemlock Dr.
   City/State/Zip: Lewiston, ID 83501
   Phone: 208-743-2685
   Website: www.livingspringrc.com
   Office Hours: M-F, 8:00 am-5:00 pm (Arrangements may be made for after hours)

Pleasant Valley Residential Care Facility: staffed 24 hours a day; diabetes monitoring, Alzheimer’s memory care; activities.
   Address: 1911 17th Ave.
   City/State/Zip: Lewiston, ID 83501
   Phone: 208-743-0026
   Website: www.agingcare.com
   Office hours: 24 hours
Royal Plaza Retirement Center: Assisted living, independent living, skilled nursing services, rehabilitation services, post acute care, memory care, social services, nutrition services, diabetes management, falls prevention program.
  Address: 2870 Juniper Drive  
  City/State/Zip: Lewiston, ID 83501  
  Phone: 208-746-2800  
  Website: http://www.royalplazaretirement.com  
  Office Hours: M-F, 8:00 am-6:00 pm

Serenity Place: RN supervision on monthly basis; help with transportation, medication oversight, activities of daily living, meals, activities.
  Address: 1917 17th Avenue  
  City/State/Zip: Lewiston, ID 83501  
  Phone: 208-743-5322  
  Website: www.serenityplaceinc.com  
  Office hours: M-F, 9:00 am- 5:00 pm

Unique Senior Care: Intermediate level nursing care; assistance with activities of daily living.
  Address: 1639 Birch Avenue  
  City/State/Zip: Lewiston, ID 83501  
  Phone: 208-746-1077  
  Website: www.agingcare.com  
  Office hours: M-F, 7:00 am-6:00 pm

Wedgewood Terrace: Nursing home/assisted living/rehabilitation; Alzheimer’s care.
  Address: 2114 Vineyard Avenue  
  City/State/Zip: Lewiston, ID 83501  
  Phone: 208-743-4545  
  Website: tmielke@ Provident.org  
  Office Hours: M-F, 8:00 am-5:00 pm
Assistive Technology Programs

Idaho Assistive Technology Project:
Center on Disabilities and Human Development: The CDHD currently operates a variety of independent grant programs and carries out training, services, technical assistance, research, and dissemination activities across the state and nation. Maintains database of used equipment for sale by private individuals, offers a low interest low program and provides information to professionals and consumers in meeting the technology-related needs of Idaho citizens with disabilities and the elderly. This is a state technology project authorized by Congress.

Address: 1187 Alturas Dr.
City/State/Zip: Moscow, ID 83843
Phone: 208-885-6000
Website: http://idahocdhd.org
Office Hours: M-F, 8:00 am-5:00 pm

Disability Action Center:
Provide assistance with landlord-tenant disputes, home modifications, applications for housing assistance, reasonable accommodation requests. Help business reach this market effectively. Offers Assistance Technology. Offer classes and workshops on topics such as emergency preparedness, dealing with autism and living with chronic conditions. Can help you find effective interpretation and how to arrange for a qualified interpreter when needed for persons who are deaf or hard of hearing. In home support services to help main your independence. Provides civil rights education, leadership training and networking between businesses and disability groups. Provides information and referrals directly to people with disabilities and to other interested people such as family members, friends, employers and service providers. Helps people find manual wheelchairs, power chairs/scooters, bath benches/seats, commodes, lift recliners, tablets or laptop computers, and smartphones/iPods, ramps, support bars, transfer boards, canes, crutches, and walkers. Transportation services. An accessible COAST van is stationed at the Moscow DAC office for trips outside of the limited public transportation currently offered in the Moscow area by SMART Transportation.

Lewiston
Address: 330 5th Street
City/State/Zip: Lewiston, ID 83501
Phone: 208-746-9033
Website: http://dacnw.org
Office Hours: M-TH 8:30 am-4:40 pm; Fri. 8:30 am-4:00 pm
Moscow
Address: 505 N Main Street
City/State/Zip: Moscow, ID 83843
Phone: 208-883-0523
Website: http://dacnw.org
Office Hours: M-TH, 8:30 am-4:30 pm; Fri. 8:30 am-4:00 pm

Post Falls
Address: 3726 E Mullan Avenue
City/State/Zip: Post Falls ID, 83854
Phone: 208-664-9896
Website: http://dacnw.org/
Office Hours: M-F, 8:30 am-4:30 PM; 8:30 AM-4:00 PM
Cancer Resources

St. Joseph Regional Medical Center (SJRMC): Social Services Department
Address: 415 6th Street
City/State/Zip: Lewiston, ID 83501
Phone: 208-799-5330
Website: https://www.sjrmc.org/social-services/
Office Hours: (Leave message)

SJRMC From the Heart:
Room 122, Carondelet House: Helps families stay together in their time of need. For patients to stay during outpatient procedures, radiation therapy treatment or other care. Families of patients may stay also. Cost free short-term accommodations.
Address: 415 6th St
City/State/Zip: Lewiston, ID 83501
Phone: 208-799-5416
Website: www.sjrmc.org
Office Hours: 24 hours

SJRMC Cancer Center:
Address: 1220 Idaho Street
City/State/Zip: Lewiston, ID 83501
Phone: 208-743-7427
Website: www.sjrmc.org
Office hours: M-F, 8:30 am-5:00 pm

SJRMC Radiation Oncology: (Radiation treatment only; separate from Cancer Center)
Address: 504 6th Street
City/State/Zip: Lewiston, ID 83501
Phone: 208-799-5600
Website: www.sjrmc.org
Office hours: M-F, 8:00 am-5:00 pm
Clothing & Household

St. Vincent de Paul 509-758-8361
Salvation Army 208-746-9653
Seventh Day Adventist 509-758-5451
Comm. Service Prog.
Professional Clothes Closet (VCC) 208-746-0401
ROC Rescue Mission 208-791-1176

Complaint Resolution and Advocacy
Services: Provides information and referrals directly to people with disabilities or those interested, such as family members, friends, employers and service providers.

Disability Action Center NW
Address: 330 5th St.
City/State/Zip: Lewiston, ID 83501
Phone: 208-746-9033
888-746-9033 (Toll-Free)
Website: http://dacnw.org
Office Hours: Mon thru Fri: 8:30am - 4:30pm

Idaho Commission on Aging - Area II (Lewiston)
Address: 124 New 6th St.
City/State/Zip: Lewiston, ID 83501
Phone: 208-743-5580
1-800-877-3206
Website: https://aging.idaho.gov
Office Hours: M-F, 8:00 am-4:30 pm

Idaho Commission on Human Rights
Address: 317 Main Street
City/State/Zip: Lewiston ID 83501
Phone: 208-334-2873
888-249-7025
Website: www.humanrights.idaho.gov
Office hours: M-F, 8:00 am-5:00 pm

Ombudsman: Phone: 800-562-6028
Medical Ombudsman: Phone: 800-257-0660
Consumer Services

Bureau of Vital Statistics
208-334-5988 (ID)
360-236-4313 (WA)
Consumer Credit Counseling
208-746-0127
Department of Insurance (SHIBA)
208-666-6847 or 800-488-5725 (ID)
800-562-6900 (WA)
Legal Aid Services
208-743-1556 (ID)
800-310-6076 (WA)
Philip’s Lifeline Medical Alert
800-566-6156
877-783-7790
Rural Dynamics Consumer Credit Counseling
877-275-2227
Tribal Employment Rights (TERO)
208-935-4703 (Kamiah)
208-843-7363 (Lapwai)

Case Management Services

Aging & Long Term Care:
Address: 744 5th Street, Suite C
City/State/Zip: Clarkston, WA 99403
Phone: 509-758-2355
Website: www.altcwashington.com
Office hours: M-F, 8:30 am-5:00 pm

Community Action Partnership (CAP)/Area Agency on Aging:
Address: 124 New 6th Street
City/State/Zip: Lewiston, ID 83501
Phone: 208-743-5580
Website: http://www.cap4action.org/program/area-agency-on-aging/
Office hours: M-F, 8:00 am-4:30 pm

Susan Call’s Case Management:
Address: 644 6th Street
City/State/Zip: Clarkston, WA 99403
Phone: 509-751-8070
Website: N/A
Office hours: (Leave message)
Community Health Care Services

Asotin County Health District:
Address: 102 1st Street
City/State/Zip: Asotin, WA 99402
Phone: 509-758-3344
Website: www.ac-hd.org
Office hours: M-F, 8:00 am-5:00 pm

CHAS Health Clinic:
Address: 338 6th Street, Ste. 101
City/State/Zip: Lewiston, ID 83501
Phone: 208-848-8300
Website: www.chas.org
Office hours: M-F, 8:00 am-6:00 pm

Clearwater Medical Clinic:
Address: 1522 17th Street
City/State/Zip: Lewiston, ID 83501
Phone: 208-743-8416
Website: www.clearwatermedicalclinic.com
Office hours: M-F, 7:30 am-5:00 pm

North Central Health District:
Address: 215 10th Street
City/State/Zip: Lewiston, ID 83501
Phone: 208-799-3100
Website: www.idahohealthdistrict.org
Office hours: M-F, 8:00 am-5:00 pm

St. Joseph Regional Medical Center (SJRMC):
Address: 415 6th Street
City/State/Zip: Lewiston, ID 83501
Phone: 208-743-2511
Website: www.sjrmc.org
Office hours: 24 hours
Snake River Community Clinic:
Opens at 5:30pm for services, but must get attendance card between 2:00 pm - 3:30 pm; can only see 30 people per night.
Address: 215 10th Street
City/State/Zip: Lewiston, ID 83501
Phone: 208-743-5899
Website: www.srcfcfreeclinic.org
Office hours: T/TH, 5:30 pm

Tri-State Hospital Family Practice:
Address: 1119 Highland Ave.
City/State/Zip: Clarkston, WA 99403
Phone: 509-758-1450
Website: www.tristatehospital.org
Office hours: M-F, 8:00 am-5:00pm

Tri-State Hospital and Medical Campus:
Address: 1221 Highland Ave.
City/State/Zip: Clarkston, WA 99403
Phone: 509-758-5511
Website: www.tristatehospital.org
Office hours: 24 hours

Tri-State Family Practice Lewiston
Address: 1221 Highland Ave.
City/State/Zip: Clarkston, WA 99403
Phone: 509-758-5511
Website: www.tristatehospital.org
Office hours: 24 hours

Catalyst Medical Group/Valley Medical Center Lewiston:
Address: 2315 8th Street
City/State/Zip: Lewiston, ID 83501
Phone: 208-746-1383
Website: www.valleymedicalcenter.com
Office hours: M-F, 8:00 am-5:00 pm
Catalyst Medical Group/Valley Medical Center Clarkston:
Address: 208 Port Drive  
City/State/Zip: Clarkston, WA 99403  
Phone: 509-254-2730  
Website: www.valleymedicalcenter.com  
Office hours: M-F, 9:00 am-5:00 pm

Project Grace: In-home recovery for seniors.  208-746-3351

Dental

Clarkston Denturist Clinic:
Address: 1346 12th Street  
City, State, ZIP: Clarkston, WA 99403  
Phone: 509-295-6807  
Website: www.yellowpages.com  
Office hours: M-TH, 8:00 am-5:00 pm; Fri., 8:00 am-12:00 pm

Lewis Clark Dental Clinic (CHAS):
Address: 844 6th Street  
City/State/Zip: Clarkston, WA 99403  
Phone: 208-848-8300  
Website: https://chas.org  
Office hours: M-F, 8:00 am-6:00 pm

LCSC Dental Hygiene Program:
Address: 500 8th Ave.  
City,/State/Zip: Lewiston, ID 83501  
Phone: 208-792-2930  
Website: www.lcsc.edu/dentalhygiene/  
Office hours: M-TH, 8:00 am-5:00 pm

Dr. Scott Smith (Medicaid)
Address: 813 Columbia St.  
City/State/Zip: Pomeroy, WA 99347  
Phone: 509-843-3495  
Website: www.pomeroydentist.com  
Office hours: TU-TH, 8:00 am-1:00 pm & 2:00 pm-5:00 pm; Fri., 8:00 am-1:00 pm
Disability Services

Asotin County Community Services:
Community Access, employment support, advocacy for the developmentally disabled.
Address: 549 5th Street, Suite A
City/State/Zip: Clarkston, WA 99403
Phone: 509-758-8349
Website: www.asotincountycommunityservices.com
Office hours: M-F, 8:00 am-4:30 pm

Deaf Services:
Address: 620 6th Street
City/State/Zip: Clarkston, WA 99403
Phone: 509-758-6423 (Voice)
208-791-8858 (Voice/Text)
Website: N/A
Office hours: (Leave message)

Disability Action Center (DAC) Lewiston:
Address: 330 5th Street
City/State/Zip: Lewiston, ID 83501
Phone: 208-746-9033
Website: http://dacnw.org/contact/lewiston-id/
Office Hours: Mon thru Fri: 8:30am - 4:30pm

Disability Action Center (DAC) Moscow:
Address: 505 N Main Street
City/State/Zip: Moscow, ID 83843
Phone: 208-883-0523
Website: http://dacnw.org/contact/lewiston-id/
Office Hours: Mon thru Fri: 8:30am - 4:30pm

Disabled American Veterans:
Transportation to Spokane Veterans Hospitals. Monthly meetings.
Address: 1104 Warner Avenue/ P.O. Box 911
City/State/Zip: Lewiston, ID 83501
Phone: 509-434-7019 (van schedule)
Website: www.dav.org
Office hours: M-TH, 7:30 am-1:00 pm; Fri., 7:30 am-12:00 pm
Division of Developmental Disabilities:
First stop for anyone with developmental disabilities; referrals for services.
Address: 505 5th Street
City/State/Zip: Clarkston, WA  99403
Phone: 509-374-2132
Website: www.dshs.wa.gov/dda
Office hours: (Leave message)

Goodwill Workforce:
Job training and payee services for the disabled.
Address: 307 19th Street, Suite A3
City/State/Zip: Lewiston, ID  83501
Phone: 208-743-8285
Website: www.goodwill.org
Office hours: M-F, 8:00 am-5:00 pm

Idaho Commission For The Blind and Visually Impaired:
Assistance obtaining surgical procedures to prevent legal blindness. The agency assists blind and visually impaired persons to achieve independence by providing training in Braille, cane travel and other special equipment, developing work skills, increasing self-confidence and helping them remain employed or prepare for employment.
Address: 1118 F Street
City/State/Zip: Lewiston, ID  83501
Phone: 208-799-5009
800-542-8688
Website: www.icbvi.idaho.gov
Office hours: M-F, 8:00 am-5:00 pm (Call first as they are out in the field often)

Opportunities Unlimited, Inc. (OUI) :
Vocational training, business services and in-home care for the developmentally disabled.
Address: 325 Snake River Avenue
City/State/Zip: Lewiston, ID  83501
Phone: 208-743-1563
Website: www.opportunitiesunlimited.org
Office hours: M-F, 8:00 am-5:00 pm
Shriners Hospital:
For children with injuries, diseases, or disorders; Medical transport available.
Address: 911 W 5th Avenue
City/State/Zip: Spokane, WA   99204
Phone: 208-743-6916
          888-895-5951
Website: www.shrinershospitalforchildren.org
Office hours: M-F, 8:00 am-4:00 pm

Vocational Rehabilitation:
Retraining for workers with disabling conditions.
Address: 525 5th Street
City/State/Zip: Clarkston, WA  99403
Phone: 509-751-4619/509-751-4668
Website: www.yellowpages.com
Office hours: M-F, 8:00 am-4:30 pm

Disability Rights (WA)                800-562-2702
Telecom Equipment Distribution Program 800-422-7930
WATAP (Assistive Technology)       800-214-8731
                   www.disability.gov
### Education/Training

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Numbers</th>
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<tbody>
<tr>
<td>Adult Education (Nez Perce Tribe)</td>
<td>208-935-4106 (Kamiah)</td>
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<tr>
<td></td>
<td>208-843-7316 (Lapwai)</td>
</tr>
<tr>
<td>Career Catalyst Center</td>
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<tr>
<td>(Asotin County Library)</td>
<td>509-758-5461</td>
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<tr>
<td>Idaho Commission for the Blind</td>
<td>208-799-5009</td>
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<tr>
<td>And Visually Impaired</td>
<td>208-799-5000</td>
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<tr>
<td>Idaho Department of Labor</td>
<td>208-792-2238</td>
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<tr>
<td>Lewis-Clark State College (LCSC)</td>
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<tr>
<td>(Adult Learning Center)</td>
<td>208-792-3000</td>
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<td>Lewis-Clark State College (LCSC)</td>
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<tr>
<td>(Center for New Directions)</td>
<td>208-795-1708</td>
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<tr>
<td>Northwest Indian College</td>
<td>208-935-4106 (Kamiah)</td>
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<td></td>
<td>208-843-7366</td>
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<tr>
<td>Idaho Commission for the Blind</td>
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<tr>
<td>And Visually Impaired</td>
<td>208-799-5009</td>
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<tr>
<td>Rural Resources</td>
<td>509-758-5461</td>
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<tr>
<td>Vocational Rehabilitation</td>
<td>509-751-4619</td>
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<tr>
<td></td>
<td>509-751-4668</td>
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<tr>
<td>WA-ID Volunteer Center</td>
<td>208-746-7787</td>
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<td>Walla Walla Community College (WWCC)</td>
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<tr>
<td>(Adult Basic Education)</td>
<td>509-758-1708</td>
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<tr>
<td>WorkSource (WWCC mornings)</td>
<td>509-758-1716</td>
</tr>
<tr>
<td>(DSHS afternoons)</td>
<td>509-751-4608</td>
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</tbody>
</table>
Emergency Services

American Red Cross 800-459-0421
Area Agency on Aging (ID) 208-743-5580
800-877-3206
Community Action Partnership 208-746-3351
800-326-4843
Community On Call 509-758-9300
Department of Social & Health Services (WA) 509-751-4601
Department of Health & Welfare (Mental Health) 208-799-4440
National Domestic Violence Hotline 800-799-7233
National Suicide Prevention Lifeline 800-273-8255
Northwest Network of LGBT Survivors Of Abuse 206-568-7777
Phoenix House 208-746-3040
Poison Control Hotline 800-222-1222
Quality Behavioral Health 509-758-3341
Rape, Abuse Incest National Network 800-656-4673
St. Joseph’s Outpatient Mental Health 208-799-6500
St. Vincent de Paul 509-758-8361
Salvation Army 208-746-9653
YWCA 208-746-9655
800-669-3176

Financial and Other Assistance

Blue Mountain Action Council (WA) 509-529-4980
Community Action Partnership 208-746-0127
Department of Health & Welfare (ID) 877-456-1233
Department of Social & Health Services (WA) 509-751-4601
877-501-2233
Doug Renggli, Rep. Payee 509-758-1250
Goodwill Industries 208-743-8285
Food Assistance

**Housing Authority of Asotin County (WA):**
Address: 1212 Fair Street  
City/State/Zip: Clarkston, WA 99403  
Phone: 509-758-5751  
Website: www.yelp.com  
Office hours: M-TH, 6:00 am-4:30 pm

**Idaho Housing and Finance Association (ID):**
Address: 2350 Nez Perce Drive  
City/State/Zip: Lewiston ID 83501  
Phone: 208-743-0251 or 1-866-566-1727  
Website: www.idahohousing.com  
Office hours: M-F, 8:00 am-5:00 pm

**Food Banks:**

**Asotin County Food Bank: (1 visit every 2 months)**
Address: 1546 Maple Street  
City, State, ZIP: Clarkston, WA 99403  
Phone: 509-758-7085  
Website: www.asotincountyfoodbank.org  
Office hours: M-F, 10:00 am-3:00 pm

**Blessed Hope: (Have agency call before you come)**
Address: 1033 Burrell Ave.  
City/State/Zip: Lewiston, ID 83501  
Phone: 208-743-4874  
Website: www.blessedhopelcvalley.org  
Office hours: T-TH, 10:00 am-2:00 pm

**Community Action Partnership (CAP): (ID residents or homeless only)**
Address: 124 New 6th St.  
City/State/Zip: Lewiston, ID 83501  
Phone: 208-746-3351  
Website: www.cap4action.org  
Office hours: M-F, 9:00 am-4:00 pm

**Mobile Food Bank:** 208-746-3351
Episcopal Church of the Nativity:
(food pantry every 2nd & 4th Saturdays: 8:45am-12:00pm; 4:00pm-5:30pm)
Address: 731 8th Street
City/State/Zip: Lewiston, ID  83501
Phone: 208-743-9121
Website: www.nativitylewiston.spokanediocese.org
Office hours: T-F, 9:00 am- 12:00 pm

Salvation Army Emergency Assistance:
(Need ID, SS card, proof of income)
Address: 1220 21st Street
City/State/Zip: Lewiston, ID 83501
Phone: 208-746-9653
Website: www.salvationarmy.org
Office hours: T-F, 1:00 pm- 4:00 pm

St. Vincent de Paul: Clarkston
Address: 601 2nd Street
City/State/Zip: Clarkston, WA  99403
Phone: 509-758-8361
Website: www.svdpusa.org
Office hours: T/W, 11:00 am-4:00 pm

St. Vincent de Paul: Lewiston
(call for appointment)
Address: 3138 5th Street
City/State/Zip: Lewiston, ID  83501
Phone: 208-746-7860
Website: www.svdpusa.org
Office hours: M-F, 9:30 am-4:00 pm
Valley Christian Center:
(1 visit per month; have agency call before coming)
Address: 3215 Echo Hills Dr.
City/State/Zip: Lewiston, ID 83501
Phone: 208-746-0401
Website: www.vcclc.org
Office hours: T/W 9:00 am-4:00 pm; Fri. 9:00 am-12:00 pm

Meals:

Episcopal Church of the Nativity:
Community Dinner 2nd & 4th Saturday of month from 4:30 pm-5:30 pm
***See listing under “Food”

First Christian Church:
Community Supper every Thursday at 5:00 pm
Address: 840 10th Street
City/State/Zip: Clarkston, WA 99403
Phone: 509-758-2943
Website: www.firstchristianchurchclarkston.com

First Presbyterian Church:
Address: 122 Diagonal Street
City/State/Zip: Clarkston, WA 99403
Phone: 509-758-3381
Website: www.clarkstonpres.pcusa.cc
Office hours: M-TH, 8:00 am-12:00 pm

Grace Evangelical Lutheran Church:
1st/3rd/5th Saturday’s of the month, 5:00 pm-6:00pm
Address: 3434 6th Street
City/State/Zip: Lewiston, ID 83501
Phone: 208-743-8159
Website: www.facebook.com
Meals On Wheels:
Meals delivered to the homes of senior citizens in Lewiston and Clarkston. Current charge is $3.50 for hot meal and sack lunch or $2.50 for hot meal only. Meals are delivered by 1:00 pm.
Address: P. O. Box 1711
City/State/Zip: Lewiston, ID 83501
Phone: 208-799-5767
Website: valleymeals@aol.com
Office hours: (Leave message)

Orchards Church of the Nazarene:
11:00 am-1:00 pm, 4th Saturday of the month
Address: 347 Thain Road
City/State/Zip: Lewiston, ID 83501
Phone: 208-743-0481
Website: www.orhcardsnaz.org

Senior Round Table:
T/TH/F, 12:00 noon
Address: 549 5th Street
City/State/Zip: Clarkston, WA 99403
Phone: 509-758-3816
Website: N/A

Salvation Army Soup Kitchen:
M/T/W/F, from 5:00 pm-6:00pm
Address: 1220 21st Street
City/State/Zip: Lewiston, ID 83501
Phone: 208-746-9653
Website: www.salvationarmy.org

The ROC:
M/W/F, 12:00 pm-1:00 pm
Address: 1803 6th Avenue N
City/State/Zip: Lewiston, ID 83501
Phone: 208-792-1170
Website: www.rocrescuemission.com
Government

1-800-MEDICARE 800-663-4227/TTY: 877-486-2048
Medicare.gov

Benefits Coordination & Recovery Center 855-798-2627/TTY: 855-797-2697
Beneficiary and Family Centered Care 800-633-4227
Quality Improvement Organization
Department of Defense, TFL 866-733-0404/TTY: 866-773-0405
tricare.mil/tfl
Tricare4u.com

Department of Defense, Tricare Pharmacy 877-363-1303/TTY: 877-540-6261
tricare.mil/pharmacy
express-scripts.com/tricare

Department of Veterans Affairs 800-827-1000/TTY: 800-829-4833; va.gov
Office of Personnel Management 888-767-6738/TTY: 800-878-5707
opm.gov/healthcare-insurance

Railroad Retirement Board 877-772-5772/TTY: 312-751-4701; rrb.gov
Social Security Administration 800-772-1213/TTY: 800-325-0778
socialsecurity.gov

Social Security Administration Office (WA & ID):
Address: 1617 19th Avenue
City, State/Zip: Lewiston, ID 83501
Phone: 877-405-9796
Website: www.socialsecurity.gov
Office hours: M/TU/TH/F, 9:00 am-4:00 pm; Wed., 9:00 am-12:00 pm
Hearing Assistance

Deaf Services:
Address: 620 6th Street
City/State/Zip: Clarkston, WA 99403
Phone: 509-758-6423 (Voice)
       208-791-8858 (Voice/Text)
Website: N/A
Office hours: (Leave message)

Simon Audiology & Tinnitus:
Address: 1022 Bryden Avenue
City/State/Zip: Lewiston, ID 83501
Phone: 208-746-7022
Website: www.simonaudiologycare.com
Office hours: M-TH, 8:30 am-4:30 pm; Fri., 8:30 am-3:00 pm

Valley Hearing Aid:
Address: 744 5th Street
City/State/Zip: Clarkston, WA 99403
Phone: 509-295-6163
Website: https://locations.starkeyhearingtechnologies.com/wa/
Office hours: Tu/F, 10:00 am-5:00 pm

Deaf & Hard of Hearing  888-543-6598
Telecom Equipment Distribution Program  800-422-7930
WATAP Assistive Technology  800-214-8731
   www.disability.gov
Home Care Services
Clarkston, WA

Aging and Long Term Care:
Advocates for senior citizens and adults with disabilities through case
management; uses comprehensive community-based services to help with
in-home care, nutrition, legal services, transportation, respite care,
caregiver support services.
Address: 744 5th Street
City/State/Zip: Clarkston, WA 99403
Phone: 509-758-2355
Website: www.altcwashington.com
Office hours: M-F, 8:30 am-5:00 pm

Home Care Services:
Help with activities of daily living, medication reminders, meal planning,
companionship, transferring, shopping, nurse delegated care, medical
visits; Alzheimer and dementia care.
Address: 549 5th Street, Ste. E
City/State/Zip: Clarkston, WA 99403
Phone: 509-758-1458
Website: www.seniorliferesources.com
Office hours: M-F, 8:00 am-5:00 pm

ResCare HomeCare: Serves Clarkston and Lewiston:
Help with activities of daily living; ambulation/transfers, transportation,
and companionship. Signature programs; a tailored suite of healthcare
services to ensure the health and well-being of seniors including concierge
services, disease management, geriatric care management, life
management, medication care management, and safe discharge from the
hospital or other medical facility; respite care. Rest Assured Telecare--
remote, wireless, 24 hour monitoring provides security and independence.
Address: 755 5th Street, Suite B
City/State/Zip: Clarkston, WA 99403
Phone: 509-758-2055
888-330-5017
Website: https://www.rescare.com
Office hours: M-F, 8:00 am-5:00 pm
Lewiston, ID

Addus HomeCare: Serves Lewiston:
A Full Life Agency located in Lewiston, Idaho, offers a variety of in-home services, ranging from light housekeeping to assistance with activities of daily living, medication management, transportation, appointment scheduling, and companionship. Provides specialized services, such as assistance with the transportation from the hospital or nursing home to home, and short-term respite services to relieve a family member or live-in care provider.

Address: 1037 21st Street Suite A
City/State/Zip: Lewiston, ID 83501
Phone: 208-746-8881
Website: www.addus.com/locations.html
Office hours: M-F, 8:00 am-5:00 pm

Alternative Nursing Services:
Help with daily living assistance, personal care, meals, medication assistance, transportation, skilled nursing services, respite care, 24 hour services.

Address: 1827 8th Street
City/State/Zip: Lewiston, ID 83501
Phone: 208-746-3050
Website: www.ansidaho.com
Office hours: M-F, 8:00 am-5:00 pm

Care Connection Home Care:
Help with activities of daily living, shopping, medication reminders, medical appointments, Alzheimer’s care.

Address: 514 Thain Road
City/State/Zip: Lewiston, ID 83501
Phone: 208-746-3017
Website: www.care.com
Office hours: M-F, 9:00 am-5:00 pm
**Choices Care Services:**
Meal preparation, grocery shopping, companionship, light housekeeping, laundry, transportation, bathing, medication reminders.
- Address: 325 Snake River Avenue
- City/State/Zip: Lewiston, ID 83501
- Phone: 208-798-4595
- Website: www.caring.com
- Office hours: M-F, 8:00 am-5:00 pm

**Home Health Care**

**Addus HomeCare:** Serves Lewiston. A Full Life Agency located in Lewiston, Idaho. Offers a variety of in-home services, ranging from light housekeeping to assistance with activities of daily living, medication management, transportation, appointment scheduling, and companionship. Provides specialized services, such as assistance with the transportation from the hospital or nursing home to home, and short-term respite services to relieve a family member or live-in care provider.
- Address: 1034 Main Street
- City/State/Zip: Lewiston, ID 83501
- Phone: 208-746-8881
- Website: www.addus.com
- Office hours: M-F, 8:00 am-5:00 pm

**Alternative Nursing Services:**
Help with daily living assistance, personal care, meals, medication assistance, transportation, skilled nursing services, respite care, 24 hour services.
- Address: 1827 8th Street
- City/State/Zip: Lewiston, ID 83501
- Phone: 208-746-3050
- Website: www.ansidaho.com
- Office hours: M-F, 8:00 am-5:00 pm
Elite Home Health & Hospice: Serves Asotin, Garfield, and Nez Perce counties. Medicare certified. Skilled nursing care in your own home; manages health care needs; provides physical, occupational, speech therapies; social work services; provider of Philips Lifeline medical alert service, 24 hours a day.

Address: 1370 Bridge Street
City/State/Zip: Clarkston, WA 99403
Phone: 509-758-2568
Website: www.elitehhh.com
Office hours: M-F, 8:30 am-5:00 pm

ResCare HomeCare:
Serves Clarkston and Lewiston. Help with activities of daily living; ambulation/transfers, transportation, and companionship. Signature programs; a tailored suite of healthcare services to ensure the health and well-being of seniors including concierge services, disease management, geriatric care management, life management, medication care management, and safe discharge from the hospital or other medical facility; respite care. Rest Assured Telecare--remote, wireless, 24 hour monitoring provides security and independence.

Address: 755 5th Street, Suite B
City/State/Zip: Clarkston, WA 99403
Phone: 509-758-2055
888-330-5017
Website: https://www.rescare.com
Office hours: M-F, 8:00 am-5:00 pm
Hospice Services

Elite Home Health & Hospice: Serves Asotin, Garfield, and Nez Perce counties. Medicare certified. Attention to spiritual needs, respite care, Inpatient or continuous care during a medical crisis, 24 hour nurse availability, grief & bereavement, pain and symptom management, personal care services, skilled nursing, counseling in the home, volunteer services, Chaplain.
   Address: 1370 Bridge Street
   City/State/Zip: Clarkston, WA 99403
   Phone: 509-758-2568
   Website: www.elitehhh.com
   Office hours: M-F, 8:30 am-5:00 pm

Kindred at Home: Provides nurses, therapists, and aides to deliver care for long term and terminal patients; provides rehabilitative and palliative care.
   Address: 1610 NE Eastgate Blvd.
   City/State/Zip: Pullman, WA 99163
   Phone: 509-334-6016
   Website: www.kindredathome.com
   Office hours: M-F, 8:00 am-5:00 pm

St. Joseph Regional Medical Center: Provides palliative care for end-of-life needs; provides respite care.
   Address: 1250 Idaho Street
   City/State/Zip: Lewiston, ID 83501
   Phone: 208-799-5275
   Website: www.sjrmc.org
   Office hours: M-F, 9:00 am-4:00 pm (24 hour line open for calls)

Housing Assistance

Asotin County Housing Authority
Serves low income Asotin County residents only
   Address: 1212 Fair Street
   City/State/Zip: Clarkston, WA 99403
   Phone: 509-758-5751
   Website: www.yelp.com
   Office hours: M-TH, 7:30 am-4:40 pm
**Austen Manor Apartments**  
Serves elderly, handicapped, and disabled only.  
Address: 1222 Chestnut Street  
City/State/Zip: Clarkston, WA 99403  
Phone: 509-751-9640  
Website: www.care.com  
Office hours: M-F, 9:00 am-5:00 pm

**Disabled Rent Assisted/Controlled & Subsidized: (Lewiston Residents)**

**Burrell Street Station**  
Address: 1124 Burrell Avenue  
Phone: 208-743-0185

**Fairview Terrace Apartments**  
Address: 1515 23rd Avenue  
Phone: 208-746-3351

**Millcreek Apartments**  
Address: 419 Miller Street  
Phone: 208-746-8137

**Troon Apartments**  
Address: 2945 Juniper Drive  
Phone: 208-746-1100

**Tullamore Apartments**  
Address: 908 Bryden Avenue  
Phone: 208-743-2800

**Cambridge Apartments**  
Serves low income Clarkston residents only *(four locations)*  
Address: 1411 Fair Street  
City/State/Zip: Clarkston, WA 99403  
Phone: 509-751-9797  
Website: N/A  
Office hours: M-F, 8:00 am-12:00 pm, 1:00 pm-6:00 pm
Family Promise  
Address: 921 9th Ave.  
City/State/Zip: Lewiston, ID 83501  
Phone: 208-798-3349  
Website: www.familypromiselc.org  
Office hours: M-F, 9:00 am-5:00 pm

Habitat for Humanity: 509-758-5751

Quality Behavioral Health  
Address: 900 7th Street  
City/State/Zip: Clarkston, WA 99403  
Phone: 509-758-3341  
Website: www.qbhs.org  
Office hours: M-F, 8:00 am-5:00 pm

Salvation Army  
Address: 1220 21st Street  
City/State/Zip: Lewiston, ID 83501  
Phone: 208-746-9653  
Website: www.salvationarmy.org  
Office hours: T-F, 1:00 pm- 4:30 pm

Sojourners’ Alliance (Moscow)  
Address: 627 N Van Buren  
City/State/Zip: Moscow, ID 83843  
Phone: 208-883-3438  
Website: www.sojournersalliance.org  
Office hours: M-F, 9:00 am-5:00 pm

The ROC:  
Light meals, clothing, laundry, snacks, coffee; safe place to relax and socialize.  
*Warming center open 8:00 pm-8:00 am when temperatures fall below 30 degrees.  
Address: 1803 6th Avenue N  
City/State/Zip: Lewiston, ID 83501  
Phone: 208-792-1170  
Website: www.rocrescuemission.com  
Office hours: M/W/F, 11:00 am-3:00 pm
Legal & Insurance Information

Adult Protection Services: (see page 4)
CLEAR*Sr.: Serves seniors 60+ (WA) 888-387-7111
Disability Rights (WA) 800-562-2702
Idaho Legal Aid Services (ID) 208-743-1556
Northwest Justice Project: Serves ages 18-59 (WA) 888-201-1014
Senior Legal Hotline: Serves seniors in rural Idaho who are homebound. 866-954-2591
Washington Apple Health 855-923-4633

Washington Law Help
www.wahealthplanfinder.org
www.lawhelp.org

Wills & Probate:
Aherin, Rice & Associates 208-746-3646
Gittins Law Offices 509-758-2501
Kwate Law Offices 208-746-7060
Scott Broyles Law Office 509-758-1636

Medical Supplies & Equipment

Lincare
Address: 615 Elm Street
City/State/Zip: Clarkston, WA 99403
Phone: 509-758-5400
Website: www.lincare.com
Office hours: 8:00 am-5:00 pm

Norco
Address: 863 Main Street
City/State/Zip: Lewiston, ID 83501
Phone: 208-743-8384
Website: www.norco-inc.com
Office hours: M-F, 8:00 am -5:00 pm

Owl Home Medical
Address: 720 16th Ave., Ste. 3
City/State/Zip: Lewiston, ID 83501
Phone: 208-743-7766
Website: www.theowlpharmacies.com
Office hours: 8:00 am-5:00 pm
Wasem’s Pharmacy & Home Medical
Address: 800 6th St.
City/State/Zip: Clarkston, WA 99403
Phone: 509-758-2565
Website: www.wasems.com
Office hours: 8:00 am-7:00 pm

*Philip’s Lifeline Medical Alert: 24 hour/day response:
509-758-0815
800-566-6156

Mental Health

Nimiipuu Health:
Address: 111 Beaver Grade
City/State/Zip: Lapwai, ID 83540
Phone: 208-843-2271
Website: www.nimiipuuhealth.org
Office hours: M-F, 8:00 am-6:00 pm

Quality Behavioral Health:
Address: 900 7th Street
City/State/Zip: Clarkston, WA 99403
Phone: 509-758-3341
Crisis Line 24 hours/day: 888-475-5665
Website: www.qbhs.org
Office hours: M-F, 8:00 am-5:00 pm

St. Joseph Regional Medical Center (SJRMC) Outpatient Mental Health:
Address: 415 6th Street
City/State/Zip: Lewiston, ID 83501
Phone: 208-743-2511
Website: www.sjrmc.org
Office hours: M-F 8:00 am-5:00 pm
Prescription Assistance

NeedyMed 800-503-6897
Partnership for Prescription Assistance 888-477-2669
Rx Med Assist 828-216-0825

St. Joseph Regional Medical Center
(SJRMC) Senior Life Program 208-799-5529
Salvation Army 208-746-9653
Washington Prescription Drug Program 800-913-4146

Rehabilitation/Long-Term Care
Clarkston, WA

Avalon Progressive Care: All levels of nursing care; private and semi-private rooms; Alzheimer’s and dementia.
Address: 1937 2nd Ave.
City/State/Zip: Clarkston, WA 99403
Phone: 509-758-6770
Website: www.senior-care-resources.com
Office Hours: M-F, 10:00 am-7:00 pm

Preferred Care Adult Family Home: Nursing home/assisted living; intermediate care and skilled nursing care; Alzheimer’s care.
Address: 2341 12th Ave.
City/State/Zip: Clarkston, WA 99403
Phone: 509-751-0300
Website: www.carecompare.com
Office Hours: M-F, 7:00 am - 5:00 pm

Sycamore Glen:
Ambulatory and non-ambulatory; RN on staff; assistance with activities of daily living.
Address: 1587 Sycamore St.
City/State/Zip: Clarkston, WA 99403
Phone: 509-758-9335
Website: www.senior-care-resources.com
Office Hours: M-F, 8:30 am-4:30 pm
Tender Care Homes: All levels accepted, from ambulatory to hospice; RN supervised home; Dementia and mental health residents, medication administration, skin/wound care, therapeutic diets. Personal tours encouraged.
   Address: 1297 Libby St.
   City/State/Zip: Clarkston, WA 99403
   Phone: 509-758-2119
   Website: www.tendercarehomes.net
   Office Hours: 24 hours

Lewiston, ID

Idaho State Veterans Home: For Idaho wartime veterans. Ambulatory and non-ambulatory; Skilled nursing care; Social services and activities. Contracted physical therapy, occupational therapy and speech therapy. Special care unit for severe dementia-related issues.
   Address: 821 21st Street
   City/State/Zip: Lewiston, ID 83501
   Phone: 208-750-3600
   Website: http://www.veterans.idaho.gov/lewiston-veterans-home
   Office hours: M-F, 8:00 am-5:00 pm

Lewiston Transitional Care of Cascadia: Ambulatory and non-ambulatory; sub acute care, rehabilitation, and long-term care; skilled nursing care, social services, activities; inpatient and outpatient therapy. On staff therapists for physical, occupational, respiratory, and speech therapy. Transportation services provided.
   Address: 3315 8th St.
   City/State/Zip: Lewiston, ID 83501
   Phone: 208-743-9543
   Website: www.cascadiahealthcare.com
   Office Hours: M-F, 8:00 am-4:00 pm
**Life Care Center of Lewiston:** Ambulatory and non-ambulatory, sub acute, rehabilitation, long or short stay, long-term care. Skilled nursing care, social services and activities. Contracted respiratory therapist. Secured care unit for Alzheimer’s and dementia. Medicare and Medicaid certified.

Address: 325 Warner Dr.
City/State/Zip: Lewiston, ID  83501
Phone: 208-798-8500
Website: www.lifecarecenteroflewiston.com
Office Hours: 24 hours

**Prestige Care & Rehabilitation:** Ambulatory and non-ambulatory; short and long-term care. Inpatient and outpatient rehab. Physical, occupational, and speech therapy. Alzheimer’s unit.

Address: 1014 Burrell Ave.
City/State/Zip: Lewiston, ID  83501
Phone: 208-743-4558
Website: www.prestigecare.com
Office Hours: M-F 7:30 am-4:30 pm

**Unique Senior Care:**
Intermediate level nursing care; assistance with activities of daily living.

Address: 1639 Birch Avenue
City/State/Zip: Lewiston, ID 83501
Phone: 208-746-1077
Website: www.agingcare.com
Office hours: M-F, 7:00 am-6:00 pm

**Royal Plaza Retirement and Care Center:** Ambulatory and non-ambulatory, short and long-term care. Skilled nursing, private rooms, common areas and grounds, social services; Physical, occupational, and speech therapy. Medicare and Medicaid residents welcome.

Address: 2870 Juniper Dr.
City/State/Zip: Lewiston ID 83501
Phone: 208-746-2855
Website: www.royalplazaretirement.com
Office Hours: M-F, 8:00 am-6:00 pm
## Support Groups

<table>
<thead>
<tr>
<th>Group Name</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alzheimer’s Support Group</td>
<td>509-751-0600</td>
</tr>
<tr>
<td>Asthma Support Group</td>
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<tr>
<td>Allergy &amp; Asthma Tri-State Clinic</td>
<td></td>
</tr>
<tr>
<td>Office of Dr. Lawrence Garges</td>
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<tr>
<td>Brain Injury Association</td>
<td>208-305-4789</td>
</tr>
<tr>
<td>Debby Smith, Executive Director</td>
<td></td>
</tr>
<tr>
<td>Breast Cancer Support Group</td>
<td>208-743-7766</td>
</tr>
<tr>
<td>Contact: Linda</td>
<td></td>
</tr>
<tr>
<td>Diabetes Education (SJRMC)</td>
<td>208-799-5227</td>
</tr>
<tr>
<td>Disabled American Veterans</td>
<td>208-553-6523</td>
</tr>
<tr>
<td>Grieving Adults (Elite H&amp;H)</td>
<td>509-758-2568</td>
</tr>
<tr>
<td>Ileostomy/Colostomy/Urostomy</td>
<td>208-799-5294</td>
</tr>
<tr>
<td>LC LiveStrong Cancer Group</td>
<td>208-746-3974</td>
</tr>
<tr>
<td>Living With Chronic Conditions</td>
<td>360-725-2562</td>
</tr>
<tr>
<td>Lupus Support Group</td>
<td>208-743-9613</td>
</tr>
<tr>
<td>Contact: Peggy Huffaker</td>
<td></td>
</tr>
<tr>
<td>Multiple Sclerosis Support Group</td>
<td>509-758-2832</td>
</tr>
<tr>
<td>Contact: Louise LaVoie</td>
<td></td>
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<tr>
<td>Parkinson’s Support Group</td>
<td>509-758-5511</td>
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<tr>
<td>Sexual Assault Group (YWCA)</td>
<td>208-746-9655</td>
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<tr>
<td>SJRMC Social Services</td>
<td>208-799-5330</td>
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<tr>
<td>Stroke Support Group</td>
<td>208-799-5204</td>
</tr>
<tr>
<td>Traumatic Brain Injury</td>
<td>877-824-1766</td>
</tr>
<tr>
<td>Tri-State Hospital Social Services</td>
<td>509-758-5511</td>
</tr>
<tr>
<td>US TOO Prostate Support Group</td>
<td>509-758-3896</td>
</tr>
<tr>
<td>Contact: Jerry Golber</td>
<td>208-746-9655</td>
</tr>
<tr>
<td>Women’s Support Group</td>
<td></td>
</tr>
</tbody>
</table>

## Support for Caregivers

<table>
<thead>
<tr>
<th>Agency Name</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Area Agencies on Aging</td>
<td><a href="#">aging.idaho.gov/index.html</a></td>
</tr>
<tr>
<td>Idaho Parents Unlimited (IPUL)</td>
<td>208-342-5884/ ipulidaho.org</td>
</tr>
<tr>
<td>Idaho Caregiver Alliance</td>
<td>hs.boisestate.edu/csa/caregiver</td>
</tr>
</tbody>
</table>
Transportation

**Appaloosa Express Transit:** (Transportation on Nez Perce Reservation with connection to Lewiston Community Center. Wheelchair accessible)
- Address: 44335 US Hwy 95
- City/State/Zip: Sweetwater, ID 83540
- Phone: 208-621-4691
- Website: www.nezperce.org
- Office hours: M-F, 8:00 am-4:30 pm

**COAST Public Transportation:** (Low income residents of Asotin, Garfield, & Whitman counties in WA; rural Nez Perce County. Some wheelchair possibility)
- Address: 210 S. Main Street
- City/State/Zip: Colfax, WA.
- Phone: 509-397-2935
- Website: www.coacolfax.org
- Office hours: M-F, 8:00 am-4:30 pm

**Dial-a-Ride:** (Individuals with disabilities who are unable to use the available fixed route service. ADA/Wheelchair accessible)
- Address: 215 D Street
- City/State/Zip: Lewiston, ID 83501
- Phone: 208-298-1340 (Lewiston) or 509-758-3567 (Clarkston)
- Website: www.ridethevalley.org
- Office hours: M-F, 8:00 am-4:00 pm

**Interlink, Inc (Elderly and disabled):**
- Address: 817 A 6th Street
- City/State/Zip: Clarkston, WA 99403
- Phone: 509-751-9143
- Website: http://www.interlinkvolunteers.org
- Office hours: M-TH, 9:00am-4:00 pm

**Lewiston Transit:** (ADA/Wheelchair accessible)
- Address: 215 D Street
- City/State/Zip: Lewiston, ID 83501
- Phone: 208-298-1340
- Website: www.ridethevalley.org
- Office hours: 8:00 am-4:00 pm
PTBA-Asotin County Transportation: (ADA/Wheelchair accessible)
Address: 1494 Poplar Street
City, State, ZIP: Clarkston, WA 99403
Phone: 509-758-3567
Website: www.ridethevalley.org
Office hours: M-F, 8:00 am-4:00 pm

Special Mobility Services: (Medicaid only; Transports Asotin County residents to any medical appointment in WA. Wheelchair accessible))
Address: 3102 Trent Avenue
City/State/Zip: Spokane, WA 99202
Phone: 1-800-892-4817
Website: www.sms1.org
Office hours: M-F, 8:00 am-5:00 pm

Transportation Solutions:
Transportation to medical appointments with Wheelchair Access.
Address: P.O. Box 1572
City/State/Zip: Walla Walla, WA 99362
Phone: 509-386-4983
Website: N/A
Office hours: M-F, 8:00 am-5:00 pm

Vision Assistance

Clarkston Lions Club: (Serves Clarkston residents only):
Applications for glasses/exams may be picked up at the following locations:
1) Community Living office located at 1372 Bridge St., Clarkston, WA 99403
2) St. Vincent de Paul, Social Services office at 601 2nd St., Clarkston, WA 99403 between hours of 12:00PM to 3:30 PM Mon., Tues., or Wed.
3) Asotin Co. Library main branch (applications located in lobby in magazine rack).
**Completed forms can be mailed or dropped off in the mail slot in the front door at the address listed below.
Address: 615-1/2 Sycamore Street,
City/State/Zip: Clarkston, WA 99403
Phone: 208-305-2829
Website: http://www.e-clubhouse.org/sites/clarkstonwa/contact.php
Office hours: N/A
Idaho Commission for the Blind and Visually Impaired:
Assistance obtaining surgical procedures to prevent legal blindness. The agency assists blind and visually impaired persons to achieve independence by providing training in Braille, cane travel and other special equipment, developing work skills, increasing self-confidence and helping them remain employed or prepare for employment.
Address: 1118 F Street, Third Floor
City/State/Zip: Lewiston, ID, 83501-1986
Phone: 208-799-5009
800-542-8688
Website: https://icbvi.idaho.gov/
Office hours: M-F, 8:00 am-5:00 pm (Call first, as they are in the field often)

Lewiston Lions Club: Assistance with purchase of glasses and other vision services for those who qualify.
Address: 1205 8th "Avenue
City/State/Zip: Lewiston, ID 83501
Phone: 208-743-5968
Website: http://www.e-clubhouse.org/sites/lewistonlionsclubid/contact.php
Office hours: (Leave message)

Lilac Services for the Blind 800-422-7893
Telecom Equipment Distribution Program 800-422-7930
WA Talking Book & Braille 800-542-0866
WATAP (Assistive Technology) 800-214-8731
www.disability.gov

Veteran’s Services

Department of Veterans Affairs 800-767-6738
TTY 800/878-5707
VA Caregiver Support Line 855-260-3274
VA Hospital (Spokane) 800-325-7940
VA Hospital (Walla Walla) 888-687-8863
Veterans Advocacy Office 208-799-5084
Veterans Benefits Administration 800-562-2300
VSO Office (Lewiston) 208-750-3690
Warrior’s Promise Found 208-908-3612
Wounded Soldier & Family Hotline 800-984-8523
Nez Perce Tribe Veteran Benefit Specialist
Address: 271 B Street
City/State/Zip: Lapwai, ID 83540
Phone: 208-621-4738
Website: mtaylor@nezperce.org
Office hours: M-F, 8:00 am 4:30 pm

Veterans Administration/VA Medical Clinic
Address: 1630 23rd Avenue
City/State/Zip: Lewiston, ID 83501
Phone: 208-746-7784
Website: www.wallawalla.va.gov
Office hours: M-F, 8:00 am- 4:30 pm

Volunteer Opportunities

Interlink, Inc.: Our Mission: Volunteers provide local transportation to medical appointments and shopping using their own vehicle (48 hr. notice required); construct wheelchair ramps; make minor home repairs and safety modifications. No charge for services provided.
Address: 817 A 6th Street
City/State/Zip: Clarkston, WA 99403
Phone: (509) 751-9143
Website: http://www.interlinkvolunteers.org
Office hours: M-TH, 9:00 am-4:00 pm

WA-ID Volunteer Center, Inc., Sponsor of Retired Senior Volunteer Program (RSVP) - Our Mission: Provide meaningful volunteer opportunities for persons of all ages that meet local needs and respond to priorities of national significance.
Address: 1424 Main Street
City/State/Zip: Lewiston, ID 83501
Phone: (208) 746-7787
Website: http://www.waidvolunteercenter.org
Office hours: M-TH, 9:00 am-4:00 pm